Learning Points: Module 4-1: Aug 6, 2021
Heart Opening & Healing
Emotional Healing

Left Brain & Right Brain Healing:

Best is to use both approaches.
Left: scientific, detailed, logical, anatomy, physiology, thought based
Right Brain: pictures, story based, archetypes, feeling based

Why healing does not occur:

1. No rapport: – must be created – How? Listen, care, ask the right questions? Be present.

2. No Dazzle: inspire the client, bring out optimism and hope and potential. Bring up samples/testimonial stories of similar/same cases/situations you dealt successfully with in the past. Show your knowledge of you understanding of their dis-ease. Men need science and logic. Speak on anatomy, physiology in context with their issue. Women need some of that, too, plus a lot of emotional support.

3. Karmic reasons: Healing is not supposed to happen right now.

What are the weak links or pathways in your client?

1. Client needs rest & vitality (destress)
2. Client needs auric repair & cleanse
3. Client needs power/self esteem
4. Client needs Love & Witnessing
5. Client needs Light/Awareness
6. Client needs a vision for the Future
7. Client needs financial & social network support

Does the client have some obvious internal resistances?

- Is there any pay off in staying sick? ICBC, divorce has to move out, find new job, doesn't know how to take the next step, fear..etc.

- You are not speaking the client's language. You appear flakey as a healer, you dress inappropriately, surroundings have triggers

- Client didn't book the session. Was a Gift certificate or was booked by wife…etc.

Emotional Healing Components:

Awareness of the emotion.

- *Feel the emotion*
- *Name the emotion. What is it? Find the word.*
- *What thoughts are accompanying the emotion?*

Feeling the emotion fully.

- *Where you feel this emotion in your body?*
- *What would this emotion look like?*
- Dissolving the emotion

Dissolving the emotion.

- *Invite Light/God/Love into the suffering and the emotion.*

- *Visualize light or pray or invite or breathe or chant into.*

Trauma:

Trauma always includes strong emotions, strong buried emotions.

Trauma comes up all the time. Trauma underlies most problems.

Causes:

a. Physical impact via accident
b. Beating
c. Emotional
d. Food (MSG)
e. Drugs (vaccines/Chemo)
f. Death of loved ones
g. Curses/Dark Magic
h. Wifi/Powerlines (electronic fields)
i. Attacks from non-material entities

j. Radiation (medical or nuclear, harp)
k. Alcohol & drugs

The Human Energy Field:

We have a human energy field composed of several components:

- your aura morphic fields
- geological fields
- the universal light fields
- thought fields
- electromagnetic fields
- etc.

You have 3 Main Dantiens/Portals or Power centres

- Physical Dantien
- Emotional Dantien
- Mental Dantien

The 7 layers Auric model interrelates with the chakra system as follows:

Physical Dantien:

- Etheric/subtle Body
- Emotional Body
- Mental Body

Emotional Dantien:

- Astral Body – Bridge

Mental Dantien:

- Etheric/subtle template –Physical Blueprint holds highest ideals of existence
- Celestial Body – Higher Emotional Body
- Ketheric Body – Higher Mental Body (egg shell) protection, boundary, highest ideals

1-3-7 are structural bodies. Look for patterns, rips, holes, etc.

2-4-6 are emotional. Look for the quality of colours and light and dark areas.

Your Aura will be most intensely affected by trauma:

1. tears
2. rips
3. thinning
4. static
5. scars
6. holes
7. portals
8. energetic intrusions
9. extractions (vampirism)

Trauma:

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Causes are:

l. Physical impact via accident
m. Beating
n. Emotional
o. Food (MSG)
p. Drugs (vaccines/Chemo)
q. Death of loved ones
r. Curses/Dark Magic
s. Wifi (electronic-magnetic fields)
t. Attacks from non-material entities
u. Pharmaceuticals (chemo)
v. Radiation (medical or nuclear, harp)
w. Alcohol & drugs

Aura Clearing:

Pranic:

- Hands 10-20 cm over the affected area
- Remotely hands as above
- Long Quartz crystal move from top downwards and flick energy into salt bowl

- Hot Salt baths (several cups) (watchful with high & low blood pressure, weakness
- Nature: wind, walks by the sea, trees, snow, sun, etc.
- Herbs
- Taking certain necessary actions in life

Psychic Visuals:

- golden-white light shower, filling holes, clearings, even using tools: vacuum cleaner, sewing needle, etc.

Pranayama:

- Rhythmic Breathing
- Fire Breath
- Vinoloma

Spiritual:

- Prayer
- Service
- Fasting
- Offerings

Prayer & Devotion:

Activate & Develop the Right brain, which links to your heart:

We want to be loved and open ourselves to love ourselves and others, God/Universe.
How to develop devotion: still the mind, drop away from reasoning and wanting to be right, find ways to serve, ask “how can I serve and contribute?”.