

Module 8 ~ Class #16, January 21, 2022

Learning Points:

Energetic and Spiritual Skills

Overview of several Diagnostic/Assessment Skills

Observe everything:

1. How the person enters the room/How do you behave?
2. Observe how he/she makes you feel?
3. Listen to the voice, inflection, breath, fast speech, word choices, etc.
4. Watch movements, erratic, grounded, clumsy.
5. Is there a smell that the person carries?
6. Is the person looking at you, how are the eyes, shiny, dull, absent?

Closer observations:

7. Skin, pale face?
8. Tongue
9. Pulse
10. White of the eyes...yellow, clear..etc.

Energetic observations:

11. Pendulum on chakras
12. Use your 3rd eye,
13. Scan with your hands
14. Use certain machines or crystals
15. Palpate muscles, abdomen for hardness, thick, bumps, etc.
16. For yourself: write out options on pieces of paper and lay out in front of you. Order them according to what feels true to you. The truest is closest to you.

Other:

1. Astrology chart

2. Numerology
3. Akashic Records
4. Tarot
5. Include Blood tests or Xray, MRI scans, MD diagnostics

Surrogate Healing

Work on the parent of the child or pet for healing, scanning, or muscle testing.

Scanning Skills:

How to scan:

1. Determine what you want to know.
2. Ask if it is permitted to receive info now.
3. Decide on a particular layer of aura, body part, chakra, or biofield.
4. Target only that area. Too large or vague solicits no results.
5. Decide the time: right now, in the past, in the future. Mostly you scan in now.
6. Receive the information of your scan through knowing, seeing, hearing, sensing.
7. Zoom in our out for more info or details.
8. Ask additional questions when things are not clear enough.
9. Other scanning includes let your Higher Self scan and just wait and receive insight.
10. Use the other skills for information retrieval: muscle testing, pendulum, etc.
- 11.

Psychic Surgery

What is it?

Astral Healing which engages the psyche-emotions and soul- for healing in a very practical manner with 'tools'.

How:

You energetically navigate yourself to an area and use imaginary tools (via your awareness) to cut, sew, suction, laser, scrape, patch, etc.

1. Most people think of Philippines' psychic surgeons who use real drama with blood to create results.
2. 3D Psychic Surgery: visualize and use your own psychic energy to cut, sew, suction, laser, scrape, patch, etc.
3. 5D Psychic Surgery: you observe skilled beings doing the work. You must remain still. You observe yourself (Higher Aspect of you) doing it, but you are still. You feel and see and know the energy work being done.

Shamanic Medicine Bag:

Objects just like places can hold and trigger powerful healing.

A Shamanic Medicine bag is a small cloth or leather bag which contains small pieces from the animal kingdom, human kingdom, mineral kingdom, or plant kingdom that act as symbols for power. Modern items might be a tarot card.

A bag carries symbols=items of protection, healing, battle, exorcism.

Some keep traditional items that already carry a collective power of their culture and people in it, such as tobacco for Native Americans. Bags are passed on and in this way, they can become even more potent.

A bag contains items that are linked to a special moment in life when you made a greater shift: a healing, a transition in your life (initiation), a spiritual experience, a solution to something. An item that was in your vicinity or was given to you at that moment "carries" or is "consciously linked" to that power of that special moment. We do this naturally when we take stones from a holiday beach back home.

An item is used to "pull forward" a unique power in you and from the allies (items from animal totems, places on the earth, etc.) that you need in times of

illness, distress, danger, etc. in you and can aid you or another to make that same shift.

Marma Point Healing

Marma points are vital points on the body where several different tissues join: such as muscles, veins, tendons, ligaments, organs, bones, or joints.

There are 108 marmas: 37 on the head and neck, 22 on the arms, 22 on the lower extremities, 14 on the back, 12 on the chest and stomach. The mind is the 108th marma point.

Marmas are like locks on a dam along the 72 000 nadis that channel prana through the whole body.

Marma Therapy manipulates these vital points or locks to influence the prana/energy flow.

The knowledge of marma was known to be dangerous to enemies. Kings and warriors knew how use certain points to heal or kill.

The British colonialists killed every marma healer in India except one lineage in the South stayed alive.

In Tamil Nadu, where the Siddha Tradition lives, this vital point method is called **Varmam Therapy**. Also used to kill or heal and is closely related to Martial Arts.

1. Marmas are measured in 'anguli' or finger units. They are sometimes very small and some are large. Chakras are marmas, too.
2. Marmas are entry points to Source/Zero Point.
3. Marmas are used to balance the doshas of vata, pitta, kapha.
4. In Ayurvedic marma massage the points are manipulated by circling anti-clockwise for clearing with hand (at times with copper plated instruments).

Clockwise for bringing energy in, activating. Different medicinal/herbal oils are used to make the process more potent.

5. Marmas can be used with mantra (1 -Om 7-Aing-Hring-Kling 1-Om)
6. Facial Marma therapy restores beauty and youthfulness.

The Doshas are: vata (air and space) - pitta (fire and water) - kapha (earth and water)

Chakra Healing:

There are many ways to heal or correct the chakras. In fact, all types of healings affect the chakras. The 7 main chakras come into existence due to the crossing over of the three main channels ida, pingala, and shushumna.

Ida: lunar-feminine channel

Pingala: solar-masculine channel

Shushumna: pathway of Kundalini-neutral channel

We have many small chakras as well which include the marma points (meeting places of nerves, muscles, joints), and acupuncture points.

All meeting points are at their centre doorways to the zero point (Source).

Types of Chakra Healing:

1. Massage: (*Ayurvedic: the chakras=larger marmas, are manipulated like the small marmas*)
2. Spiritual light
3. Pranic Energy
4. Chants/sounds
5. Smudging
6. Crystals

7. Herbs
8. Ultraviolet Light
9. Sun light
10. Infrared Light
11. Dancing
12. Exercise
13. Life changes the Chakras as they are an expression of you as consciousness

Entity Clearing in 1D, 2D, 3D, 4D, 5D

Simple Entity clearing is easy, and you do this during a regular healing.

When it comes to high category demons, it gets tricky. Love is a good deterrent and holding 5D consciousness is safe.

In 1D we went on vision quests and initiatory processes (indigenous ways).

In 2D ritual was used with strong emotion, dance, etc.

In 3D exorcism the process was done with 2 or more healers.

In 4D as above or alone, if you can hold strong Love current and no judgement.

In 5D consciousness, lower entities cannot follow.

Encountering/Recognizing “un-usual” People: Walk-ins, Star Seeds, etc.

Star Seeds:

Souls who incarnated from other areas of the galaxy or planets. They are very evolved and come here to support human evolution.

Can be the souls that are walk-ins. Shiny eyes, young folks, positivity, see through the matrix of control and don't fit. Have creative genius but learning disabilities.

Signs:

1. Looking up at the stars, not feeling home here.
2. Longing to go home.
3. Don't fit into the family (black sheep).
4. Old soul feeling
5. Asking a lot more "why" as things don't make sense.
6. Issues with authorities
7. Empathic
8. Telepathic
9. Intuitive
10. Healing abilities

Common Star Seeds:

- **Andromedan:** Emotional, benevolent, and telepathic souls bring peace, love, and comfort to humans.
- **Arcturian:** Most advanced civilisation in our galaxy. They are 5D dimensional beings and are the prototype for our 5D earth society. Spiritual shamans and healers for humans. Also, bring engineering energies.
- **Indigo, Crystal, and Rainbow:** Souls with spiritual and psychic abilities.
- **Lyran:** Affinity to cats, sleep lots, like adventures. Bring wisdom to humanity.
- **Lightworker:** The Lightworker come from all kinds of places and are here to assist in the ascension process.
- **Pleiadian:** These souls are emotionally and spiritually more evolved. Help to expand consciousness and evolve humanity.

- **Orion**: Orion souls are detail oriented and very mind centred. Help improve humans' understanding of science.
- **Reptilian**: Are shape-shifters who seek to control Earth in the pursuit of selfish benefit. Not all Reptilians are bad. Some have strong protector energies and when fighting on the light side are formidable warriors.
- **Sirian**: Sirian souls initiated the awakening of humans during this round of ascension.

Walk-ins:

You should be the only soul occupying your body.

Drunvalo Melchizedek says he is a walk-in.

The body of a deceased person can be used by an advanced soul as a new home. This can be an advanced soul or lesser one. A walk-in blends with the DNA.

During trauma, accident, drug state, or just during sleep, your body can be entered by another soul. The personality then will change and also abilities and preferences.

- An advanced soul can use a deceased body as a vehicle to carry out a mission without having to go through the lengthy process of growing up.
- Lesser souls (wandering souls) can enter and live with a current soul through karmic contracts: cords and contracts due to Blood bonds, Marriage vows, etc. One can come into this life and bring another soul or an aspect of their soul along.
- Mentally ill people often have other beings with them.
- Autoimmune diseases, Skin diseases, (liver astral connection point).
- The ghost or the soul of an ancestor is called an entity or attachment and isn't a walk-in per se that takes over and the old soul leaves.

Effective Mantra for all of the above issues: Sri Guru Dev Datta

First time on Earth People:

Have no karma.

How do I Rejuvenate and Grow Younger?

My own personal information:

1. Shift from body to soul/spirit. Spirit is eternal. Body ages. Shift identification.
2. Visualize Sri Saraswati overlap your face and chant "Om Sarasvati Abha"
3. Men work with Krishna "Om Krishna Abha"
4. Keeping digestion in order.
5. Nourish foundation energy: lower dantien with herbs, yoga, chi gong, proper thinking, and lifestyle.
6. Sleep enough.
7. Meditate.
8. No alcohol.
9. Keep heart and prana open and flowing overall in chakras
10. Remove rust.
11. Facial Marma points.
12. Recognize the moment when you age. It's not continuous. Delete age programming.
13. DNA activations.
14. Spot Face collagen activations