

Prayer Practice

Listen and even try to chant along and maybe even begin to learn the first two lines of one prayer.

Dharani Buddhist Prayer

<https://youtu.be/HA75zd5eE-w>

NAMO BHAGAVATE TRAILOKYA PRATIVISISTAYA BUDDHAYA BHAGAVATE.

TADYATHA, OM, VISUDDHAYA-VISUDDHAYA, ASAMA-SAMA
SAMANTAVABHASA-

SPHARANA GATI GAHANA SVABHAVA VISUDDHE, ABHINSINCATU MAM.
SUGATA

VARA VACANA AMRTA ABHISEKAI MAHA MANTRA-PADAI. AHARA-AHARA AYUH
SAM-DHARANI. SODHAYA-SODHAYA, GAGANA VISUDDHE. USNISA VIJAYA
VISUDDHE. SAHASRA-RASMI, SAMCODITE, SARVA TATHAGATA AVALOKANI,
SAT-PARAMITA, PARIPURANI, SARVA TATHAGATA MATI DASA-BHUMI,
PRATI-STHITE, SARVA TATHAGATA HRDAYA ADHISTHANADHISTHITA MAHA-
MUDRE.

VAJRA KAYA, SAM-HATANA VISUDDHE. SARVAVARANA APAYA DURGATI,
PARI-VISUDDHE, PRATI-NIVARTAYA AYUH SUDDHE. SAMAYA ADHISTHITE.

MANI-MANI MAHA MANI. TATHATA BHUTAKOTI PARISUDDHE. VISPHUTA
BUDDHI

SUDDHE. JAYA-JAYA, VIJAYA-VIJAYA, SMARA-SMARA. SARVA BUDDHA
ADHISTHITA

SUDDHE. VAJRI VAJRAGARBHE, VAJRAM BHAVATU MAMA SARIRAM. SARVA
SATTVANAM CA KAYA PARI VISUDDHE. SARVA GATI PARISUDDHE. SARVA
TATHAGATA SINCA ME SAMASVASAYANTU. SARVA TATHAGATA SAMASVASA
ADHISTHITE, BUDDHYA-BUDDHYA, VIBUDDHYA-VIBUDDHYA, BODHAYA-
BODHAYA,

VIBODHAYA-VIBODHAYA. SAMANTA PARISUDDHE. SARVA TATHAGATA
HRDAYA

ADHISTHANADHISTHITA MAHA-MUDRE SVAHA.

“I now entrust this divine Dharani to you. You should, in turn, transmit it to Devaputra Susthita. Additionally, you yourself should receive and uphold it, contemplate, recite, and treasure it, memorize and revere it. This powerful Dharani Mudra should be widely proclaimed to all sentient beings in the Jambudvipa world. I also entrust this to you, for the benefit of all heavenly beings, that this Dharani Mudra should be proclaimed...”

Lord of Heaven, you should diligently uphold and protect it, never letting it be forgotten or lost.”

“Lord of Heaven, if someone hears this potent Dharani even for just a moment, he will not undergo karmic retribution from the negative karma and severe obstacles accumulated from thousands of kalpas ago, that would otherwise cause him to revolve in the cycles of birth (Samsara) and death – in all kinds of life forms in the evil paths – hungry ghost, hell, animal, realm of King Yama, Raksasa, Asuras, Yaksa, ghosts and spirits, Kataputana, Putana, Apasmara, tortoises, mosquitoes, gnats, dogs, pythons, ferocious animals, birds, crawling creatures and even ants and other life forms.

Owing to the merits accrued from hearing for a moment this Dharani, once this very life is over, he will be reborn in the Buddha-lands, together with all the Ekajati-pratibaddha Bodhisattvas and Buddhas, or in a distinguished Brahmin or Ksatriya family, or in some other reputable and wealthy family. Lord of Heaven, this man can be reborn in one of the above-mentioned reputable and prosperous families simply because he has heard this Dharani, and hence be reborn in a pure place...

Finally, Shakyamuni Buddha said, “This Sutra shall be known as the ”Purifying All Evil Paths – Usnisa Vijaya Dharani”. You should diligently uphold it. “On hearing this Dharma, the entire assembly was extremely happy. They faithfully accepted and respectfully practiced it.”

Lord's Prayer is by Dr. Neil Douglas-Klotz:

Abwoon Debshmaya

Abwoon d'bwashmaya Nethqadash shmakh Teytey malkuthakh Nehwey sebyanach aykanna d'bwashmaya aph b'arha. Habwlan lachma d'sunqanan yaomana. Washboqlan khaubayn (wakhtahayn) aykana daph khnan shbwoqan l'khayyabayn. Wela tahlan l'nesyuna Ela patzan min bisha. Metol dilakhie malkutha wahayla wateshbukhta l'ahlam almin. Ameyn.

*O Birther! Father-Mother of the Cosmos/ you create all that moves in light.
Focus your light within us--make it useful: as the rays of a beacon show the way.
Create your reign of unity now--through our fiery hearts and willing hands.
Your one desire then acts with ours, as in all light, so in all forms.
Grant what we need each day in bread and insight: subsistence for the call of
growing life.
Loose the cords of mistakes binding us, as we release the strands we hold of
others' guilt.
Don't let us enter forgetfulness, but free us from un-ripeness.
From you is born all ruling will, the power and the life to do, the song that
beautifies all, from age to age it renews.
Truly--power to these statements--may they be the source from which all my
actions grow.
Sealed in trust & faith.
Amen.*

<https://youtu.be/RtUkxLHD0-k>

<https://abwoon.org/library/learn-aramaic-prayer/>

<https://youtu.be/bGGQeoVptKs>

